








# Carol Stream May 2017

Mon	Tue	Wed	Thu	Fri
<p>1 9:30am Animal therapy w/ Art &amp; Gordie May day fun!  May baskets  <b>Bring your lunch</b></p>	<p>2 10am Doodlebug Workshop At We Grow Dreams Mason jar flower vase <b>Bring your lunch</b></p>	<p>3 CS &amp; GE at WDSRA Early Cinco de Mayo Celebration  Burrito Parilla <b>Do not bring lunch</b></p>	<p>4 Nap, CS &amp; GE 10:30am Bowling League at Brunswick Zone Watch 1:20 Cub's game  <b>Bring your lunch</b></p>	<p>5 Nap, CS &amp; GE 10am James and the Giant Peach at Drury Lane <b>Bring \$10 &amp; your lunch</b></p>
<p>8 Volunteering &amp; making bags for WDSRA Chili Golf Outing Group choice lunch <b>Do not bring lunch</b></p>	<p>9 CS &amp; GE at WDSRA UIC Masters Gardeners Prepping our garden Spring Jingo <b>Bring your lunch</b></p>	<p>10 Nap, CS &amp; GE at the Lodge 10:30am drum circle Musical craft  <b>Bring your lunch</b></p>	<p>11 Nap, CS &amp; GE Lilac fest at Lilacia Park Lilacs &amp; flowers <b>Bring your lunch</b></p>	<p>12 Nap, CS, GE, FV &amp; FH at WPD Memorial Room Rec &amp; Roll Prom! <b>Dress your best</b> <b>Do not bring lunch</b></p>
<p>15 9:30am grocery shopping 11-1pm cooking skills At the WDSRA Office <b>Do not bring lunch</b></p>	<p>16 Expression's Dance Studio 11:15am Dance Class Wear comfortable clothing <b>Bring your lunch</b></p>	<p>17 Track walking 11:45am Fit &amp; Fun Aerobics at Fountain View <b>Dress to exercise</b> <b>Bring your lunch</b></p>	<p>18 Nap &amp; CS Phillip's Park Zoo <b>Bring your lunch</b></p>	<p>19 11am ELA Fun Run! <b>Bring your lunch</b> <b>Wear gym shoes</b> <b>Bring a water bottle</b></p>
<p>22 Nap &amp; CS Morton Arboretum Origami in the Garden <b>Bring your lunch</b></p>	<p>23 CS &amp; GE Spring Valley Sanctuary in Schaumburg <b>Bring your lunch</b></p>	<p>24 10am Nature therapy walk with Brenda at St. James Farm <b>Bring your lunch</b></p>	<p>25 Mind, body &amp; spirit 12-1pm Yoga class at Universal Spirit Yoga <b>Bring your lunch</b></p>	<p>26 Nap, CS &amp; GE Safari Land &amp; pizza lunch Bowling, rides &amp; game card <b>Bring \$7 Do not bring lunch</b></p>
<p>29 <b>Memorial Day</b> <b>No Rec &amp; Roll</b> </p>	<p>30 Nap &amp; CS Volunteering in the Horticultural center at COD <b>Bring your lunch</b></p>	<p>31 Nap, CS, GE 11am Kane County Cougars Game  <b>Bring your lunch</b></p>	<p><b>Daily Activities:</b> 9:00-9:10 Reality Check 9:10-9:20 Current Events 9:20-9:30 Physical Exercise</p>	<p><b>Rec &amp; Roll skill building this month is:</b> <b>Transitioning &amp; Adapting</b></p>