



A DAY PROGRAM OF WDSRA

Rec & Roll Fort Hill schedule:

Bring a water bottle, and a non perishable lunch daily.

There will always be a rain plan in place.

Rec & Roll Fort Hill Email: recandrollfh@wdsra.com

Rec & Roll Fort Hill phone: 630.995.8944

| Time | Monday 5/1 | Tuesday 5/2 | Wednesday 5/3 | Thursday 5/4 | Friday 5/5 |
|---------------------|---|---|---|---|-------------------------------------|
| 9:00am- 9:15am | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day |
| 9:15am- 9:30am | How Was Your Weekend? | Today in History... | Current Events | Word of the Day | Weekend Plans? |
| 9:30am- 10:00am | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track |
| 10:15am- 11:00am | Happy May Day! | SCARCE Crayon Sorting | Ride the Bus... | May the Fourth...Happy Star Wars Day | Happy Cinco de Mayo! |
| 11:00am- 11:45am | Spring Arts & Crafts | Fort Hill Fitness Class | Fun & Games at Fountain View | Star Wars-Themed Games & Activities | Catered Chipotle & Making Mocktails |
| 12:00pm- 12:45pm | Lunch | Lunch | Lunch | Lunch | NO LUNCH NEEDED |
| 1:00pm- 1:45 pm | Board Games | Puzzle Time | Head Back to FH | Heads Up! | Fiesta Craft |
| 1:45pm- 2:00pm | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home |



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| Time | Monday 5/8 | Tuesday 5/9 | Wednesday 5/10 | Thursday 5/11 | Friday 5/12 |
|-----------------|---|---|---|---|---|
| 9:00am-9:15am | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time |
| 9:15am-9:30am | What Did You Do This Weekend? | Word of the Day | Short Story Time | Current Events | Weekend Plans? |
| 9:30am-10:00am | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track |
| 10:15am-11:00am | Fort Hill Derby | Morning Yoga | Group Reading | Ride the Bus...Movie Theatre Trip! | Rec & Roll Prom @ WPDCC |
| 11:00am-12:00pm | Car Building and Racing | Out to Lunch... Mod Pizza | Mothers Day Cards & Crafts | Bring \$10-\$15 for Concessions If You Choose | DRESS YOUR BEST! |
| 12:00pm-12:45pm | Lunch | NO LUNCH NEEDED | Lunch | Lunch | NO LUNCH NEEDED |
| 1:00pm-1:45 pm | Balloon Keep It Up | Karaoke Songs | Open Gym | Head Back to FH | Dance & Head Back to FH |
| 1:45pm-2:00pm | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home |



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| Time | Monday 5/15 | Tuesday 5/16 | Wednesday 5/17 | Thursday 5/18 | Friday 5/19 |
|-----------------|---|---|---|---|---|
| 9:00am-9:15am | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time |
| 9:15am-9:30am | Weekend Recap | Current Events | Word of the Day | Thursday Thoughts... | Fun Fact Friday! |
| 9:30am-10:00am | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track |
| 10:15am-11:00am | National Chocolate Chip Day...Make Choc Chip Pancakes | Ride the Bus... | Ride the Bus... | Ride the Bus... | Friendship Bracelets & Beading |
| 11:00am-11:45am | Cook Breakfast for Lunch w/ Naperville R&R | Picnic & Outdoor Games | Cosley Zoo Round 2! | Bowling with FV (2 Games) | Wii Fun |
| 12:00pm-12:45pm | NO LUNCH NEEDED | Outdoor Lunch | Lunch | Lunch | Lunch |
| 1:00pm-1:45 pm | Hangman | Head Back to FH | Ride Back to FH | Finish Up & Head Back to FH | Open Gym |
| 1:45pm-2:00pm | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home |



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| Time | Monday 5/22 | Tuesday 5/23 | Wednesday 5/24 | Thursday 5/25 | Friday 5/26 |
|-----------------|---|---|---|---|--|
| 9:00am-9:15am | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time |
| 9:15am-9:30am | How was your weekend? | Weather Report | Word of the Day | Today in History | Fun Fact Friday |
| 9:30am-10:00am | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track |
| 10:15am-11:00am | Relax with Planet Earth | Visit from Naperville Humane Society | Morning Stretches & Yoga | Ride the Bus... | Ride the Bus... |
| 11:00am-12:00pm | Lunch | Animal & Art Therapy | Lunch | Soccer & Football at Nike Park | Dance Class @ Expressions Dance Studio 11:15-12:15 |
| 12:00pm-12:45pm | Yoga at Universal Spirit 12-1 | Lunch | Red Mango Frozen Yogurt trip! | Picnic Lunch | Back to FH....Lunch |
| 1:00pm-1:45 pm | Ride Back to FH | Group Reading | Ride Back to FH | Head Back to FH | Karaoke Contest |
| 1:45pm-2:00pm | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home |



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| Time | Monday 5/29 | Tuesday 5/30 | Wednesday 5/31 | Thursday 6/1 | Friday 6/2 |
|-----------------|--------------------|---|--|---|---|
| 9:00am-9:15am | HAPPY MEMORIAL DAY | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time | Check in & Get ready for the day, free time |
| 9:15am-9:30am | NO REC AND ROLL | Today in History... | Current Events | Word of the Day | Weekend Plans? |
| 9:30am-10:00am | HAPPY MEMORIAL DAY | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track | Walk Indoor Track |
| 10:15am-11:00am | NO REC AND ROLL | Ride the Bus... | Ride the Bus... Naperville Public Library | Ride the Bus... | Ride the Bus... |
| 11:00am-11:45am | HAPPY MEMORIAL DAY | Willowbrook Wildlife Center Tour | Bring Library Card If You Have One | Blackberry Farm! | Fishing at Blackwell with FV Friends |
| 12:00pm-12:45pm | NO REC AND ROLL | Lunch | Lunch | Lunch | Lunch |
| 1:00pm-1:45 pm | HAPPY MEMORIAL DAY | Group Games | Open Gym | Head Back to FH | Ride Back to FH |
| 1:45pm-2:00pm | NO REC AND ROLL | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home | Clean Up & Get ready to go home |