



A DAY PROGRAM OF WDSRA

## Rec & Roll Fort Hill schedule:

Bring a water bottle, and a non perishable lunch daily.

There will always be a rain plan in place.

Rec & Roll Fort Hill Email: [recandrollfh@wdsra.com](mailto:recandrollfh@wdsra.com)

Rec & Roll Fort Hill phone: 630.995.8944

Time	Monday 3/6	Tuesday 3/7	Wednesday 3/8	Thursday 3/9	Friday 3/10
9:00am-9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	LUAU DAY Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day
9:15am-9:30am	How Was Your Weekend?	Today in History...	Current Events	Word of the Day	Fun Fact Friday!
9:30am-10:00am	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
10:15am-11:00am	Get Together with Fountain View Friends	Spring Craft	Make Fruit Kabobs	Ride the Bus...	Around the World Day
11:00am-11:45am	Snack Making	Fitness Class at Fort Hill-Wear Comfortable Clothing!	Luau at Sportsman's Lodge w/ Naperville R&R	Farm & Fleet-See Baby Chicks and Explore	Learn About New Cultures & Cuisine
12:00pm-12:45pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:00pm-1:45 pm	Group Games	Smartboard Fun	Say Goodbye and Head Back to FH	Heads Up!	Simon Says
1:45pm-2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home



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9:00am-9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time
9:15am-9:30am	What Did You Do This Weekend?	Word of the Day	Short Story Time	Current Events	Weather Report
9:30am-10:00am	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
10:15am-11:00am	Spring Forward Activity	Ride the Bus... Trip to the Movies!	Learn About Plants	Ride the Bus...	Happy St. Patrick's Day!
11:00am-12:00pm	Lunch Out at Gemato's	Bring \$10-\$15 for Concessions if You Choose	Build Indoor Garden	Bowling with Fountain View Friends (2 games)	Shamrock Craft
12:00pm-12:45pm	NO LUNCH NEEDED	Lunch	Lunch	Lunch	Lunch
1:00pm-1:45 pm	Balloon Keep It Up	Ride Back to FH	Open Gym	Ride Back to FH	Make Shamrock Shakes
1:45pm-2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home



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Time	Monday 3/20	Tuesday 3/21	Wednesday 3/22	Thursday 3/23	Friday 3/24
9:00am-9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time
9:15am-9:30am	What Did You Do This Weekend?	Tuesday Tunes	Word of the Day	Thursday Thoughts...	Fun Fact Friday!
9:30am-10:00am	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
10:15am-11:00am	First Day of Spring!	Ride the Bus...	Ride the Bus...	Throwback Thursday-Decade's Party	Ride the Bus...
11:00am-11:45am	Painting Birdhouses	Dance Class at Expressions Dance Studio w/ FV	Cosley Zoo!	Catered Jimmy John's Lunch	Outdoor Sports at Nike Park
12:00pm-12:45pm	Lunch	Lunch	Lunch	NO LUNCH NEEDED	Lunch
1:00pm-1:45 pm	Board Games	Puzzle Time	Ride Back to FH	Decade's Dancing	Ride Back to FH
1:45pm-2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home



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Time	Monday 3/27	Tuesday 3/28	Wednesday 3/29	Thursday 3/30	Friday 3/31
9:00am-9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time
9:15am-9:30am	How was your weekend?	Weather Report	Word of the Day	Today in History	Fun Fact Friday
9:30am-10:00am	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Ride the Bus...	Walk Indoor Track
10:15am-11:00am	Puzzles & Riddles	Disney Day!	Ride the Bus...	Blackwell Forest Preserve w/ Fountain View	Ride the Bus...
11:00am-12:00pm	Lunch	Bring in Favorite Disney Movie, Toys or Game	Bowling at Fox Bowl	Picnic & Exploring	Indoor Swimming at Fountain View
12:00pm-12:45pm	Yoga at Universal Spirit	Lunch	Lunch	Lunch	Lunch
1:00pm-1:45 pm	Ride Back to FH	Trivia and Games	Ride Back to FH	Ride Back to FH	Ride Back to FH
1:45pm-2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home