



# Drop In Center – Glen Ellyn

## April 2017




**Dates:** Every Wednesday  
**Program Time:** 6:00pm - 8:30pm  
**Dinner:** 6:00pm - 7:00pm  
**Activity:** 7:00pm - 8:30pm  
**Fee:** Free  
**Transportation:** WDSRA provides transportation to and from Ackerman, for up to 12 people, when we go on outings. You can also drive yourself and meet us there.

**Location:** Ackerman Sports and Fitness Center (ACK)  
**Address:** 800 St. Charles Road, Glen Ellyn  
**Age group:** Young Adults 18-40 who have a primary diagnosis of mental illness



In cooperation with the National Alliance on Mental Illness (NAMI) and Western DuPage Special Recreation Association (WDSRA).

<b>April 5</b>	<p><b>Dinner: Surprise Dinner by Donna</b> <i>(Dinner is generously donated by Donna Spandikow)</i></p> <p><b>Art Night: Sock Bunny</b> Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn Tonight after dinner we will relax, listen to music and do some art. The group will be creating bunnies out of socks and rice/beads. Add eyes, ears, a nose, and a fluffy tail and your project will be ready to display.</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p> 	<p>6:00-7:00pm 7:00-8:30pm</p>
<b>April 12</b>	<p><b>Dinner: Baked Potato Bar and salad</b></p> <p><b>Pictionary</b> Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn Tonight after dinner we will play the drawing, word-guessing game of Pictionary! We will split into two groups and see who wins. Get creative!</p>	<p>ACK - Dinner: 6:00-6:45pm Drive: 6:45pm Bowling: 7:00-8:15pm Drive: 8:15pm ACK – Drop Off: 8:30pm</p>	<p>6:00-6:45pm 6:45pm 7:00-8:15pm 8:15pm 8:30pm</p>
<b>April 19</b>	<p><b>Dinner: Lasagna, Salad, and Garlic Bread</b> <i>(Generously donated by First Congregational Church of Glen Ellyn)</i></p> <p><b>Earth Day Celebration</b> Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn Did you know earth day is April 22? We will do some earth day activities and learn about recycling. If it is nice out the group may even go outside for a nature scavenger hunt.</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p>	<p>6:00-7:00pm 7:00-8:30pm</p>
<b>April 26</b>	<p><b>Dinner: McDonald’s</b></p> <p><b>Movie Night</b> Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn Picture Show, 324 W. Army Trail Rd., Bloomingdale, 630-529-8603 Tonight we will be treated to going out to a movie! We will talk about which movie we want to see the Wed before this outing. WDSRA will cover the cost of your ticket but please bring extra money if you would like to purchase any snacks at the movie theatre.</p>	<p>ACK – Dinner: 6:00pm Drive: 7:00pm Movie: 7:30-9:15pm Drive: 9:15pm ACK – Drop Off: 9:30pm</p>	<p>6:00pm 7:00pm 7:30-9:15pm 9:15pm 9:30pm</p> <p>(Times are approximate)</p>

Please contact Emily Ackerman at (630) 681-0962 ext. 559 or email [emilya@wdsra.com](mailto:emilya@wdsra.com) for more information.