



Drop In Center – Glen Ellyn

June 2017




Dates: Every Wednesday
Program Time: 6:00pm - 8:30pm
Dinner: 6:00pm - 7:00pm
Activity: 7:00pm - 8:30pm
Fee: Free

Location: Ackerman Sports and Fitness Center (ACK)
Address: 800 St. Charles Road, Glen Ellyn
Age group: Young Adults 18-40 who have a primary diagnosis of mental illness

Transportation: WDSRA provides transportation to and from Ackerman, for up to 12 people, when we go on outings. You can also drive yourself and meet us there.



In cooperation with the National Alliance on Mental Illness (NAMI) and Western DuPage Special Recreation Association (WDSRA).

June 7	<p>Dinner: Surprise Dinner by Donna <i>(Dinner is generously donated by Donna Spandikow)</i></p> <p>Art Night: Paper Mache Hot Air Balloons <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Tonight after dinner we will relax, listen to music and do some art. We will get in the mood for summer by painting bright colored citrus fruit with watercolors. Take your time and put your focus on painting with detail.</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p> 	
June 14	<p>Dinner: Subway</p> <p>Mini Golf at Coyote Crossing <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> <u>Coyote Crossing, 27W650 North Lane, West Chicago, 630-293-8374</u> Tonight after dinner we will head out to play some mini golf! This is a challenging course and should be a lot of fun! <i>*In case of inclement weather we will go to the Glen Ellyn Library</i></p>	<p>ACK - Dinner: 6:00-6:45pm Drive: 6:45pm Coyote Crossing: 7:00-8:15pm Drive: 8:15pm ACK – Drop Off: 8:30pm</p>	
June 21	<p>Dinner: Italian Beef Sandwiches and French Fries <i>(Generously donated by First Congregational Church of Glen Ellyn)</i></p> <p>Kickball <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> We will first eat some dinner and then head outside to a grassy area to play a fun game of kickball! We'll divide into teams and see who wins. <i>*In case of inclement weather we will have a Wii game night at Ackerman.</i></p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p>	
June 28	<p>NO DINNER TONIGHT</p> <p>Swimming at Sunset Pool <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> <u>Sunset Pool, 483 Fairview Ave., Glen Ellyn, 630-858-7665</u> Please eat dinner before you come tonight. We'll meet at Ackerman and then drive to Sunset Pool in Glen Ellyn to go swimming. Make sure to bring your swimsuit and a towel. If you're not a swimmer, no problem, you can just dip your toes in the water or relax in a chair. While we are there we will buy everyone an ice cream! <i>*In case of inclement weather, we will have an indoor movie night at Ackerman.</i></p>	<p>Meet at ACK: 6:00pm Sunset Pool: 6:30-8:00pm Drive: 8:00pm ACK- Drop Off: 8:30pm</p>	

Please contact Emily Ackerman at (630) 681-0962 ext. 559 or email emilya@wdsra.com for more information.