



Drop In Center – Glen Ellyn

July 2017



Dates: Every Wednesday
Program Time: 6:00pm - 8:30pm
Dinner: 6:00pm - 7:00pm
Activity: 7:00pm - 8:30pm
Fee: Free

Location: Ackerman Sports and Fitness Center (ACK)
Address: 800 St. Charles Road, Glen Ellyn
Age group: Young Adults 18-40 who have a primary diagnosis of mental illness

Transportation: WDSRA provides transportation to and from Ackerman, for up to 12 people, when we go on outings. You can also drive yourself and meet us there.



In cooperation with the National Alliance on Mental Illness (NAMI) and Western DuPage Special Recreation Association (WDSRA).

July 5	<p>Dinner: Surprise Dinner by Donna Art Night: 3D flowers <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Tonight after dinner we will relax, listen to music and do some art. The group will create paper mache hot air balloons. Paper mache is created by mixing glue and water together and using the mixture to paint over pieces of paper. Once the glue dries your project will stay in that shape.</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p> 
July 12	<p>Dinner: Wendy's Concert <u>Bob Walters Commons on Stafford Place between the Library & City Hall, 28W751 Stafford Pl, Warrenville, IL, 630-393-1171</u> Tonight after dinner we will see a free, outside concert by Final Say who delivers a musical repertoire that extends from the beginning of rock and roll, through today's hit music. The concert starts at 7pm so right after dinner we will head over there. They have some benches there but please bring a lawn chair or blanket to sit on if you would like to. <i>*In case of inclement weather, we will visit the Warrenville Public Library, 28W751 Stafford Place, Warrenville.</i></p>	<p>ACK - Dinner: 6:00-6:30pm Drive: 6:30pm Concert: 7:00-8:30pm Drive: 8:30pm ACK- Drop Off: 9:00pm</p>
July 19	<p>Dinner: Brats, Pasta Salad, and chips Bowling <u>Wheaton Bowl, 2031 N. Gary Ave., Wheaton</u> After dinner we will head out for a game of bowling! See if you can get a spare or better yet a strike as you socialize with your friends. WDSRA will pay for bowling but please bring your own money if you want to purchase any drinks or snacks.</p>	<p>ACK - Dinner: 6:00-6:45pm Drive: 6:45pm Bowling: 7:00-8:15pm Drive: 8:15pm ACK – Drop Off: 8:30pm</p>
July 26	<p>BBQ Cookout and Outdoor Games <u>WDSRA, 116 N. Schmale Rd., Carol Stream</u> Tonight we will meet directly at the WDSRA Office where we will grill some hamburgers and have fun playing some outdoor games (such as baggo, basketball, foursquare, etc.). Please meet the group in the back parking lot near the picnic tables and bring a folding chair or beach chair if you have it. <i>*If there is inclement weather we will move the activities inside the WDSRA Office.</i></p>	<p>WDSRA - Dinner: 6:00-7:00pm WDSRA - Activity: 7:00-8:30pm</p>

Please contact Emily Ackerman at (630) 681-0962 ext. 559 or email emilya@wdsra.com for more information.