



Drop In Center – Glen Ellyn March




Dates: Every Wednesday
Program Time: 6:00pm - 8:30pm
Dinner: 6:00pm - 7:00pm
Activity: 7:00pm - 8:30pm
Fee: Free
Transportation: WDSRA provides transportation to and from Ackerman, for up to 12 people, when we go on outings. You can also drive yourself and meet us there.

Location: Ackerman Sports and Fitness Center (ACK)
Address: 800 St. Charles Road, Glen Ellyn
Age group: Young Adults 18-40 who have a primary diagnosis of mental illness



In cooperation with the National Alliance on Mental Illness (NAMI) and Western DuPage Special Recreation Association (WDSRA).

March 1	<p>Dinner: Surprise Dinner by Donna <i>(Dinner is generously donated by Donna Spandikow)</i></p> <p>Art Night: Wreaths <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Tonight after dinner we will relax, listen to music and do some art. The group will be creating St. Patrick's Day wreaths by using felt. This project will make a great decoration for the holiday! Suggestions</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p> 
March 8	<p>Dinner: Arby's Bowling <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> <u>Wheaton Bowl, 2031 N. Gary Ave., Wheaton</u> After dinner we will head out for a game of bowling! See if you can get a spare or better yet a strike as you socialize with your friends. WDSRA will pay for bowling but please bring your own money if you want to purchase any drinks or snacks.</p>	<p>ACK - Dinner: 6:00-6:45pm Drive: 6:45pm Bowling: 7:00-8:15pm Drive: 8:15pm ACK – Drop Off: 8:30pm</p>
March 15	<p>Dinner: Corned Beef, Cabbage, and Potatoes <i>(Generously donated by First Congregational Church of Glen Ellyn)</i></p> <p>St. Patrick's Day Party <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Make sure to wear green tonight! We will celebrate St. Patrick's Day by making some sweet treats, playing some games, and maybe even learn some facts about St. Patrick's Day!</p>	<p>ACK - Dinner: 6:00-7:00pm ACK – Activity: 7:00-8:30pm</p>

<p>March 22</p>	<p>Dinner: Mostaccioli, Salad, and Garlic Bread Board Game Extravaganza After dinner we will have several board games for you to choose from and play with your friends. If you have a board game at home you would like to bring, please feel free to do so.</p>	<p>ACK - Dinner: ACK – Activity:</p>	<p>6:00-7:00pm 7:00-8:30pm</p>
<p>March 29</p>	<p>Dinner: Make your own Sandwiches Basketball <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Lace up those shoes because it's time to play some basketball! Tonight we will shoot some hoops, play pig, knock out, and many other games.</p>	<p>ACK - Dinner: ACK – Activity:</p>	<p>6:00-7:00pm 7:00-8:30pm</p>

Please contact Emily Ackerman at (630) 681-0962 ext. 559 or email emilya@wdsra.com for more information.

