



A DAY PROGRAM OF WDSRA

**REC & ROLL FORT HILL June 2024 SCHEDULE:**

<b>Monday 06/03</b>	<b>Tuesday 06/04</b>	<b>Wednesday 06/05</b> <i>LUNCH PROVIDED</i>	<b>Thursday 06/06</b> <i>IN-HOUSE DAY</i>	<b>Friday 06/07</b> <i>WALKING FIELD TRIP</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat  Calendar Updates	Question of the Day  Calendar Updates	Weather Wednesday  Calendar Updates	Today in History  Calendar Updates	Fun Fact Friday  Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Bartlett Nature Center Outdoor Hunt Picnic Lunch <i>Bring Cold Lunch</i>	Nike Park T-Ball Game Summer Craft Picnic Lunch <i>Bring Cold Lunch</i>	Culver's Lunch Hobby Lobby PYO Craft Project Craft Project Fun	Build a Room Fort Watch a Movie Camp Style Craft Movie Treat	Goodwill Store Explore Goodwill Outdoor Activities
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Cool Down Exercises  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

**Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Email: [recandrollfh@wdsra.com](mailto:recandrollfh@wdsra.com); Phone: 630.995.8944. Bring a non-perishable lunch unless otherwise noted.**



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## REC & ROLL FORT HILL June 2024 SCHEDULE:

Monday 06/10 <i>IN-HOUSE DAY</i>	Tuesday 06/11	Wednesday 06/12 <i>WATER DAY</i>	Thursday 06/13 <i>LUNCH PROVIDED</i>	Friday 06/14
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat  Calendar Updates	Question of the Day  Calendar Updates	Weather Wednesday  Calendar Updates	Today in History  Calendar Updates	Fun Fact Friday  Calendar Updates
Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track
Center Scavenger Hunt Table Volleyball Game Check Garden Box Summer Craft	Maryknoll Park Holes N Knolls Playground Picnic Lunch <i>Bring Cold Lunch</i>	Wolf's Crossing Park Playground/Court Picnic Lunch Splashpad Fun <i>Bring Cold Lunch, Change of Clothes &amp; Towel</i>	<i>RRNAP</i> Summer Cookout at Sportsman's Lodge Outdoor Activities	DuPage County Historical Museum Adams Park Popcorn Treat <i>Bring Cold Lunch</i>
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Cool Down Exercises  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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## REC & ROLL FORT HILL **June 2024** SCHEDULE:

<b>Monday 06/17</b>	<b>Tuesday 06/18</b>	<b>Wednesday 06/19</b>	<b>Thursday 06/20</b>	<b>Friday 06/21</b>
<i>WALKING FIELD TRIP</i>	<i>IN-HOUSE DAY</i>			
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat  Calendar Updates	Question of the Day  Calendar Updates	Weather Wednesday  Calendar Updates	Today in History  Calendar Updates	Fun Fact Friday  Calendar Updates
Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track
Hollywood Palms Inside Out 2 Movie Movie Snack <i>Bring Cold Lunch</i>	Music Therapy Photo Shoot Picture Frame Craft Photography History	Bowl 1 Game at Fox Bowl Picnic Lunch at Sensory Garden <i>Bring Cold Lunch</i>	Fox Valley Mall B-A-M Bookstore Mall Walk Lunch @ Food Court <i>Opt: Bring \$\$ Lunch</i>	Michael's Store PYO Craft Project Craft Project Fun Fitness Class w/ Genna
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill  Afternoon Activities	Cool Down Exercises  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities	Travel Back to Fort Hill  Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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<b>Monday 06/24</b> <i>IN-HOUSE DAY!</i>	<b>Tuesday 06/25</b> <i>WATER DAY</i>	<b>Wednesday 06/26</b>	<b>Thursday 06/27</b>	<b>Friday 06/28</b> <i>IN-HOUSE DAY</i> <i>WATER DAY</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Fun Fact Friday Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Rainforest Day! Yoga/Virtual Hike Animal Hunt Game Animal Craft	<i>RRFV</i> Swimming at Turtle Splash <i>Bring Cold Lunch,</i> <i>Change of Clothes &amp; Towel</i>	<i>RRWTN</i> Tae Kwon Do w/ Master Frank Outdoor Activities at Graf Park	Promenade Bolingbrook Mall Visit Stores Sweet Treat <i>Bring Cold Lunch</i>	Backyard Fun Water Balloon Toss Chalk Art Outdoor Hunt <i>Bring Cold Lunch,</i> <i>Change of Clothes &amp; Towel</i>
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Cool Down Exercises	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Cool Down Exercises
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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