

July 2024



A DAY PROGRAM OF WDSRA

Monday		Tuesday		Wednesday		Thursday		Friday	
1	<u>Walk to Kelly Park</u> Soccer, Basketball, Dodgeball Stretch & Facts Book Info	2	<u>4th Flags Memorial</u> Seven Gables Park Tropical Smoothie Stop Treat Provided	3	<u>Pet Therapy with FH</u> 4th of July Craft Patio Games/Hot Dog Lunch Lunch Provided	4	Independence Day No Rec & Roll	5	No Rec & Roll
8	<u>In-House Movie Day</u> Meditation/Skincare Discussion Walk Track and Freeze Pops	9	<u>Phillips Park Zoo</u> Snakes, Gators, Wolves With Naperville R&R	10	<u>Centennial Beach</u> Splash and Cool Off With Fountain View R&R Optional Bring \$ for Snack	11	<u>Cantigny Gardens</u> See Tanks, Walk Trails With Carol Stream R&R	12	<u>Olympic Tribute</u> MiniTorch Run, Games All American Snack
15	<u>Coffee Shop Stroll Wheaton</u> Afternoon Games Gummy Bear Craft Coffee Provided	16	<u>Chilis for Lunch</u> Music Trivia Morning Tae bo Workout Lunch Provided	17	<u>Walk to Wheaton Library</u> Research a Vacation Spot Lunch on Library Patio	18	<u>Shop STARS Resale</u> Bead/Beach Craft Morning Exercise Optional Bring \$ for Snack	19	<u>Lake Ellyn with Friends</u> Nature Scavenger Hunt Lunch with Winfield R&R
22	<u>Tae Kwon Do</u> Led by Master Frank With Fort Hill R&R	23	<u>Peck Farm Park</u> Butterfly House-Geneva Morning Stretch	24	<u>Boomers Game</u> Multi-Site Event Baseball & Fun! Optional Bring \$ for Snack	25	<u>About Me Morning</u> Learn About Your Friends 4 Bros Ice Cream Treat Treat Provided	26	<u>Outdoor Games @CS</u> Games and Craft With Carol Stream R&R
29	<u>Doodlebug -Wheaton</u> Personalized Wood Project Morning Music Workout	30	<u>Rice Pool Wheaton</u> Cool Off, Visit Friends With Fountain View R&R Optional Bring \$ for Snack	31		1		2	
5	<p>Notes</p> <p>Due to the heat, please have your participant bring bottled water and dress for warm weather each day. Thank you!</p>								