

June 2024



A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
27 Memorial Day	28	29	30	31
3 Group Fitness at Fountain View Make Summer Bucket List	4 Riverwalk Snowcone treat with Carol Stream R&R	5 FVSRA Meet Up Disc Golf Lunch @ Park	6 Day at the Movies Popcorn Snack Morning Exercise	7 Dine Out Stroll to Hen House Morning Chair Yoga Lunch Provided
10 In House Movie Day Craft Making Walk the Track	11 Music Therapy Dance Workout Record Store Stop	12 Windy Acres Farm Strawberries, Flowers, Produce Morning Stretch Optional \$ to Shop	13 Bingo @MSRC With Glen Ellyn R&R Money Mgmt Exercise	14 GreenValley Mini Golf Ice Cream Treat with Fountain View
17 Walk to Wheaton Library Research a Vacation Spot Lunch on Library Patio	18 SEASPAR Meet Up Whalon Lake Learn Some Fish Facts	19 Winfield Farmer's Market About Me Morning Lunch @ Park Optional \$ to Shop	20 Lawn Games @ CAC Bocce, Cornhole, Horse Shoes Lunch on Patio	21 Shop Stars Resale Celebrate the Sun Morning Stretch Optional \$ to Shop
24 Clocktower Mini Golf Book of Why Facts Review Afternoon Trivia/Games	25 Spring Creek Reservoir Color Scavenger Hunt With CS & GE R&R	26 Tae Kwon Do Lunch at Graf Park with Fort Hill R&R	27 Tropical Thursday Learn about The Islands Wear your Hawaii Shirts	28 Rice Pool with Nap/Win R&R Bring Swimsuit & Towel Optional \$ for Snack
1	Notes Rec & Roll will be outside alot this summer. Please bring a spray bottle of sunscreen and bug spray with participant's name on each. Also, bring a full, reusable water bottle daily to stay hydrated. Thank you!			