

March 2025 *Rec & Roll*

A DAY PROGRAM OF **WDSRA**

Monday		Tuesday		Wednesday		Thursday		Friday	
24		25		26		27		28	
3	Volunteer Day Aurora Food Pantry Feed Those in Need	4	Cooking Skills Try a New Recipe Exercise on Turf	5	FV Bowling @ Stardust Bowl and Lunch Morning Science News Bring Lunch or \$ to Buy	6	In-House Diamond Art Morning Stretch Snack Choice Snack Provided	7	Shop STARS Re-Sale Mat Yoga Cereal Craft Optional \$ to Shop
10	In-House Movie Day-Group Vote St. Patricks Day Craft Dance Exercise	11	CS Master Gardeners Project Discuss Spring Flower Types Nature Meditation	12	GE Cernan Planetarium Show Earth to the Universe Group Stretch	13	Moose and Me Bakery Tour Cookie Decorating	14	Dine Out at Red Apple Morning Cross Gym Exercises Money Management Activity Lunch Provided
17	WIN/FV/CS Luck of the Irish Bash Games & Snacks Wear Your Green Snack Provided	18	Four Brothers Chocolate Hot Cocoa Tour Morning Chair Yoga	19	Karaoke at Round One with WSSRA Morning Meditation Bring Lunch or \$ to Buy	20	CS March Madness Basketball Table Games/Craft Morning Basketball Shoot	21	In-House/NAP Flag Football with Friends Discuss Spring Break Plans Basketball in Gym
24 No Rec & Roll		25 No Rec & Roll		26 No Rec & Roll		27 No Rec & Roll		28 No Rec & Roll	
31	Dance Class Movement Trivia Karoake	Notes Rec & Roll Registration Confirmations will be sent March 7, 2025							